

The Official Chase 'N Yur Face Cookbook: Tasty Recipes & Fun Facts To Start Your Food Adventure

Chase Bailey



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Inspired by his journey with autism and overcoming food aversions, Chase Bailey's *The Official Chase 'N Yur Face Cookbook* entices people of all ages to experience familiar dishes done in different ways; and to discover new things about food while celebrating life and ourselves. Combining delightful recipes, uplifting anecdotes, fun facts, delectable photographs, and humorous animations, Chase teaches home-cooks to prepare a wonderful array of dishes under fun chapter titles: Get Up & Go; Feed the Beast; Pick-Me-Ups; Let's Feast; Life Is Sweet; and Cool Breezes & a Santa Ana Wind. Chase's cookbook includes omnivore, vegetarian, vegan, and gluten-free recipes.

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