



# **The Parent's Guide to Business Travel: Practical Advice and Wisdom for When You Have to Be Away (Capital Ideas)**

*Charlie Hudson*

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An essential information-packed book for any parent who travels for work. The Parent's Guide to Business Travel explores the dynamics of today's business parents and offers down-to-earth suggestions from that first time a parent leaves an infant all the way through the sudden realization of becoming an empty-nester. Arranged by the age of children, topics range from how to explain an absence to a toddler to the unsettling decision of when, and if, it's okay to leave a teenager alone for one or more nights. An insightful collection of anecdotes and practical ideas, the book also includes checklists and charts for parents and children to complete.

### REVIEWS

"There's a never ending flood of travel advisory books, and an even greater annual deluge of parenting titles. But now there is one which is as highly recommended as it is unique -- a 'how to' and 'what to' guide for the parent who must travel, leaving kids and spouses at home. Not to mention the growing number of single parents who's career obligations and job duties necessitate the occasional out-of-town trip. 'The Parent's Guide To Business Travel: Practical Advice And Wisdom For When You Have To Be Away' by wife, mother, and military veteran Charlie Hudson truly lives up to its title with an enormous range of 'tips, tricks and techniques' from the time a parent must leave an infant to the ultimate evolution of family life to the empty-nest scenario. With illustrative anecdote, practical ideas, and time-tested advice, 'The Parent's Guide To Business Travel' is 'must' reading for any father and/or any mother who has ever had to spend a night, a weekend, a week, or even longer, away from their home and children. Simply put, this is one of those essential books that should be readily available and on the parenting shelf every community library in the country."

Midwest Book Review, 2004/08

"Most business owners take at least one overnight business trip per year. For those who must leave young children behind while they take care of business, here are some suggestions for easing separation anxiety, offered by Charlie Hudson, a mother and military veteran who is the author of 'The Parent's Guide to Business Travel.'"

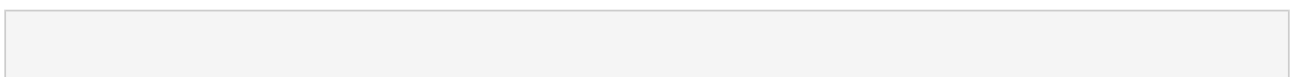
Family Business Magazine, Family Business Magazine, 2005/05

"Few other guides address the many problems travel separations bring to families: Hudson discusses ways of keeping family connections alive while on the road for all ages of kids, outlines common problems and solutions, and discusses both expected and unexpected absences. An invaluable guide."

Midwest Book Review, Midwest Book Review, 2005/09

"Charlie Hudson, author of 'The Parents' Guide to Business Travel' says national statistics show one in four working adults will spend at least one business trip away from home a year."

Evelyn Jackson, The Cape Cod Times, 2005/09/04



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#### **Rhonda Kirby:**

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**Cleora Yarbrow:**

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