



Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul

Kelly Dombrowski

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30 Carefully selected inspirational positive affirmations to color for yourself or for someone you love!

- Each design is **printed on one side only** to be easily colored and framed
- Each coloring page is **designed for meditating** and **maximum relaxation** and **stress relief**
- All levels of coloring abilities from **easy to difficult**
- All kaleidoscopes made from the "Winged Nature" motif so ensure continuity of design and maximize **decor potential**
- Perfect as a **Mother's Day gift** or gift for someone special in your life! Including YOU!
- Positive affirmations are proven to have **lasting effects on health and happiness** and even weight loss if practiced regularly!
- Coloring is FUN!
- Nice comfortable size to color in **8 1/2" x 11"**
- **30 single-sided pages**
- **60# White paper**

This book will keep you **SANE!**

- Standing in piles of dirty laundry? Color "I am Elegant."
- Still in your PJ's at 6 PM? Color "I am Relaxed."
- Discover baby puke on your blouse on your way to a wedding? Color "I am Gorgeous."
- Hot flashes got you down? Color "I am Alive."
- Can't get the zipper up on jeans you just bought? Color "I am Cherished."
- Teenager slamming the bedroom door? Color "I am Peaceful."
- Toddler creative with that permanent marker? Color "I am Cheerful."
- Tired? Different shoes on each foot? Color "I am Smart."
- Teenager wreck the new car? Color "I am Forgiving."
- Hairdresser thought you said blue and not red? Color "I am Renewed."
- Catch your teen sneaking out? Color "I am Intuitive."
- Your crazy girlfriend just called you from jail. Color "I am Virtuous."
- Best friend stab you in the back? Color "I am Wise."
- You got dressed in the dark and you don't match? Color "I am Bold."
- Wore 4 inch heels to the museum? Color "I am Brave."
- Shared your Snicker's with a co-worker? Color "I am Compassionate."
- Did your own taxes? Color "I am Empowered."
- Dog won't stop barking at the wind? Color "I am Tranquil."
- Two hours sleep? Color "I am Energized."
- Teenagers all around and YOU have to let the dog out? Color "I am Faithful."
- Gum in the washer and it only got on ONE pair of new jeans? Color "I am Grateful."
- Just missed getting hit by a car that blew a red light? Color "I am Exhilarated."
- Made dinner with just canned goods and beans? Color "I am Imaginative."
- Burn your hand on the grill? Color "I am Healed."
- Mediate a fight between petty co-workers? Color "I am Just."

- Husband forget your 25th Anniversary? Color " I am Merciful."
- Pull apart the kids fighting? Color "I am Nurturing."
- Forgot to do laundry but found clean underwear? Color "I am Thankful."
- Lady with the overflowing cart dives to get in the checkout line first? Color "I am Kind."
- Teenager screaming "I hate you!" and slamming the door in your face, again? Color "I am Loving."

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From reader reviews:

Helen Kingsbury:

This Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul book is simply not ordinary book, you have after that it the world is in your hands. The benefit you obtain by reading this book will be information inside this e-book incredible fresh, you will get info which is getting deeper anyone read a lot of information you will get. That Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul without we realize teach the one who examining it become critical in pondering and analyzing. Don't become worry Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul can bring once you are and not make your bag space or bookshelves' turn into full because you can have it in your lovely laptop even cell phone. This Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul having fine arrangement in word along with layout, so you will not sense uninterested in reading.

Stephen Hancock:

Nowadays reading books be a little more than want or need but also get a life style. This reading routine give you lot of advantages. The advantages you got of course the knowledge the rest of the information inside the book this improve your knowledge and information. The knowledge you get based on what kind of guide you read, if you want get more knowledge just go with education books but if you want truly feel happy read one using theme for entertaining like comic or novel. The Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul is kind of e-book which is giving the reader unpredictable experience.

Timothy Holeman:

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Linda McGrane:

In this period globalization it is important to someone to find information. The information will make a

professional understand the condition of the world. The condition of the world makes the information better to share. You can find a lot of personal references to get information example: internet, newspaper, book, and soon. You can observe that now, a lot of publisher that print many kinds of book. Typically the book that recommended to you is Inspirational Positive Affirmations Adult Coloring Book: Nurturing and Loving Words to Feed Your Soul this e-book consist a lot of the information of the condition of this world now. This particular book was represented so why is the world has grown up. The language styles that writer use for explain it is easy to understand. Often the writer made some research when he makes this book. Honestly, that is why this book suitable all of you.

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