



Splenda Cookbook

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This cookbook presents 49 recipes made with Splenda No Calorie Sweetener, a sugar substitute that enables both diabetics and dieters to indulge in their favorite foods without sacrificing taste. Start with the chapter on "Cooking and Baking with Splenda Granular," then choose recipes for every meal of the day, including drinks and desserts.

Try these tasty Splenda recipes, all tested and approved by Splenda Kitchens:

Banana Raspberry Smoothie [Check out the Recipe Index and Sample Recipes from the *Splenda Cookbook*.](#)

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