



Happy Again! Your New & Meaningful Life After Loss

Harriet Hodgson

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"Will I survive? Will I ever be happy again? Questions that Harriet Hodgson asked herself after she was left to raise her twin grandchildren, while grieving for four family members, including her daughter. Harriet reminds us that we are not alone in our grief and, though losses may define our lives, they will not destroy them. This book tugged at my heartstrings. Harriet's account of a journey from despair to hope is filled with practical suggestions on how to once again have a meaningful life. Happy Again! inspired me and I think it will inspire you." ~ Heidi Horsley, PsyD, LMSW, Executive Director, Open to Hope Foundation and Adjunct Professor, Columbia University "Harriet Hodgson speaks wisely and compassionately from the very depths of her soul. Engagingly written with personal experiences, psychological insights, and practical wisdom, she transforms crushing tragedy to growth and a positive affirmation of life." ~ Rabbi Earl Grollman, DHL, DD, author of Living When a Loved One has Died

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Jane Garner:

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Carroll Boggess:

The book Happy Again! Your New & Meaningful Life After Loss has a lot of knowledge on it. So when you check out this book you can get a lot of profit. The book was authored by the very famous author. This article author makes some research prior to write this book. This kind of book very easy to read you can get the point easily after reading this article book.

Charles Smith:

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