



# The Better Deal: Practical Horsemanship Training for You and Your Horse

*Margaret Beeman*

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## **The Better Deal: Practical Horsemanship Training for You and Your Horse** Margaret Beeman

A true partnership with your horse is built on a bond of trust created through understanding and mutual respect. The Better Deal is about helping you get there. Margaret Beeman, drawing on decades of experience working with horsemen and women in multiple disciplines, including national and international competitors, begins with the basics: the facts about the nature of the horse and the herd rules. She then demonstrates the things you need to learn about yourself: how to move your body, control your emotions, and understand the language you will use to communicate clearly with your horse. Finally she describes a comprehensive series of ground exercises which apply this new understanding and can be used to evaluate and address problems at all levels. The exercises are explained step by step and illustrated with photos. Margaret's methods are designed to help both the competitor who wants to get to the next level and the pleasure rider or driver who wants to have more fun and feel safer with their horse. Her approach is designed to help people who don't want to keep handing their horse to a trainer to be fixed, but want to understand how to develop their own horsemanship skills to work and progress independently. Developing a partnership based on respect and understanding not only brings greater satisfaction and pleasure to anyone working with horses, but also makes working with horses much safer. Feeling safer with your horse is a huge step to having more fun and greater success, whatever your discipline.

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