

Food and Cooking in Viking Times (Cooking in World Cultures (Paperback))

Mr Clive Gifford



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Food and Cooking in Viking Times (Cooking in World Cultures (Paperback)) Mr Clive Gifford The Vikings were Scandinavian explorers and warriors who worked up quite an appetite while raiding and colonizing vast areas of Europe. Your readers can recreate the high-protein dishes of the Viking Age through this book of step-by-step recipes and fun, factual information about the culture of the Vikings.

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