



My Big Breast Adventure: Or How I Found the Dalai Lama in My Letterbox

Jennifer McDonald

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"I'm sorry to say you have breast cancer - an infiltrating Lobular Carcinoma to be exact," said her doctor delivering the tough news right before Christmas 2013. "And there's three ways we deal with breast cancer - cut, poison and burn."

Such was the start of Jennifer McDonald's 'Big Breast Adventure', the name she gave to a series of blogs penned while going through two years of treatment. *My Big Breast Adventure or How I Found the Dalai Lama in My Letterbox* is a compilation of these posts, hailed as a must read for anyone facing a life or health crisis and those who care for them.

"A funny, serious and beautiful book." - Dorothy Johnston, author of *Through a Camel's Eye*

"Her grace and humility shine throughout in the face of what many of us would find a terrifying experience." - Diana Thompson, author of *Unbridled Passion*

"I can't think of another book that makes cancer more understandable for the lay reader and at the same time less fearful." - Sara Dowse, author of *As the Lonely Fly*

"This is a gorgeous book. Jen reaches out with courage, absolute honesty and laugh-out-loud humour." - David Burton, author of *How to be Happy*

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Debra Davis:

The book My Big Breast Adventure: Or How I Found the Dalai Lama in My Letterbox has a lot of knowledge on it. So when you check out this book you can get a lot of gain. The book was published by the very famous author. Tom makes some research just before write this book. This specific book very easy to read you can find the point easily after looking over this book.

Stephen Harvey:

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