



Paleo Dinner Recipes: Gluten-Free, Grain-Free Recipes for Dinner (Paleo Diet Cookbook)

Martha Stone

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For many people, dinner is the most substantial meal of the day. Dinner is when you get to refuel after a long, hard day and enjoy the company of your family. If you are new to the paleo diet, you be worried about your dinners being as enjoyable as they once were, given the restrictions of your new diet. You will be happy to know that the paleo diet is very easy to follow and you can still enjoy some of your favorite dishes including bacon-wrapped scallops, roasted chicken and fresh-grilled burgers. **In this book you will find 25 delicious paleo recipes for you and your family to enjoy at dinner time.**

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