



## **Grief Pamphlet - "Help a Friend" Series**

Joni Eareckson Tada

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Experience the confidence and assurance you'll get from this easy-to-read 20-page pamphlet on grief filled with practical tips, and encouragement from Joni Eareckson Tada. It can be difficult to know what to say to a friend or someone you know that has just experienced the loss of a loved one. From Do's and Don'ts and "cliches to avoid" to the stages of grief, get equipped with everything you need to know to support your friend or relative when they need you most. In this pamphlet you will—

- Gain the confidence you need to support your grieving friend rather than avoid them
- Learn the differences between when to offer help and when to just listen
- Know what NOT to say, and learn what you can say instead
- Get dozens of practical and helpful tips to cheer up, support, and comfort a grieving friend

Reaching out to a friend or family member who is grieving is intimidating—you might be afraid of saying the wrong thing or showing pity instead of compassion. What can you say? What should you do? Gain experience that you can trust with this *Help a Friend* pamphlet on grief and learn to walk a friend towards God's healing for life's losses.

Perfect for personal use, small groups, ministry gifts, church giveaways and more. 20 panels, 3.85" x 8.5", unfolds to 38.5 inches long. Easily fits in a standard legal envelope.

# 4 Features of the *Help a Friend: Grief* Pamphlet by Joni Eareckson Tada

#### 1. Practical Tips for Guiding Your Friend Through Grief and Loss

- Is there anything I can do/say when my friend has lost a loved one? When is it OK to offer prayer to a grieving friend? How can I involve others to help my friend in a way that's safe and tactful? Enjoy having the answers to all these questions and more at your fingertips with the Help a Friend: Grief pamphlet. Includes—
  - Actions/words that help and and what NOT to say
  - o Tips for getting others involved
  - Resource lists
  - Signs your friend should seek professional help
  - o and more!

#### 2. Simple Overview, Explanations, and the Stages of Grief

• Get equipped with a clear explanation of grief to gain a better understanding of what your friend is going through. Learn to identify the 5 Stages of Grief and provide support and comfort in a helpful and tactful manner. You don't have to have all the answers to grief, but with this *Help a Friend* pamphlet, you can gain the confidence to walk beside your friends and loved ones towards God's healing hand.

#### 3. Biblical and Relatable Examples

- Get encouraged by brief stories from both sides of grieving: the comforters and the ones in pain. Also gain understanding of God's purposes for pain and his redemption plan. Know when to lend an ear, share assurance of God's comfort, and more! Includes—
  - 2 relatable stories to encourage
  - 8 biblical reasons to help those in grief
  - and more!

#### 4. Instant Encouragement for Those Comforting Others

• Did you know God's plan for lifting up the downcast is YOU? Get strengthened by Bible verses for comforters and encouragers. You know God's healing is the soothing balm for the pains of this world, but it can be difficult to share His Word at the right time, in the right place without sounding preachy. Instead, Joni Eareckson Tada, equips you with the verses YOU need to guide your friend through this difficult season. Enjoy having practical Bible verses and quotes from Joni Eareckson Tada and others to glean wisdom from at a moment's notice!



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#### Jason Nunez:

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#### **Tom Burkhardt:**

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