



# A Horse and Buggy Doctor Caught in the 21st Century

*J. E. Block*

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## **A Horse and Buggy Doctor Caught in the 21st Century** J. E. Block

In a time when our environment and modern living causes degenerative diseases such as arthritis, Alzheimer's disease and premature aging, the wisdom and common sense of the old country doctors, combined with modern medicine, has come to the rescue.

In his book, *A Horse and Buggy Doctor Caught in the 21st Century*, J.E. Block, M.D., explains how to combat illnesses of our modern age by combining the latest in medical innovation and the common sense and concern of a 19th century horse and buggy doctor.

Degenerative diseases, such as chronic fatigue syndrome and arteriosclerosis, are on the rise. However, as science progresses - bringing with it the promise of longer lives, it becomes necessary to remember the wisdom of those doctors who knew that it is better to prevent disease than to treat it.

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