



When Your Child Has Lyme Disease: A Parent's Survival Guide

Sandra K Berenbaum, Dorothy Kupcha Leland

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Lyme disease can cause puzzling symptoms in children, including pain, fatigue, gastrointestinal upsets, learning disabilities, behavioral issues and psychiatric problems. The illness can be hard to diagnose, however, and Lyme-related controversies in the medical world complicate the picture even more. Parents trying to find help for their suffering children often don't know where to turn. *When Your Child Has Lyme Disease: A Parent's Survival Guide* is filled with information parents need to know about Lyme, as well as practical strategies based on the authors' personal and professional experiences. It offers guidance on finding the right medical care, coping with treatment, developing effective boundaries with others who don't understand what your family is going through, advocating for your child's educational needs and managing day-to-day family life. Sandra K. Berenbaum, who has counseled Lyme patients and their families for over 20 years, has developed "responsive psychotherapy," a unique approach to helping families overcome the challenges of Lyme disease. Co-author Dorothy Kupcha Leland, is a parent and national activist who writes the blog *Touched by Lyme*. "We need a structured and comprehensive support system in place for families to navigate the difficult waters of Lyme and chronic illness. We finally have that guidance in this book." From the Foreword by Richard Horowitz MD, author of *Why Can't I Get Better? Solving the Mystery of Lyme and Chronic Illness*.

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