

Betty Crocker's Healthy New Choices: A Fresh Approach to Eating Well: With Betty Crocker's Best Recipes for Pasta

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Trust Betty Crocker to make eating right a pleasure! The tasty, easy-to-make recipes in Healthy New Choices cover everything you'll want to make healthy eating a snap great appetizers, hearty entrees, terrific sides and pleasing desserts. With a helpful section on good health, and tips on wellness, this book is sure to become your one-stop resource. And, as a special bonus, its packed with Betty Crocker's Best Recipes for Pasta, filled with more than 100 tempting pasta dishes. Enjoy a world of great eating with these two terrific books!



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