



# Freedom: Letting Go of Anxiety and Fear of the Unknown

*Jim Britt*

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## **Freedom: Letting Go of Anxiety and Fear of the Unknown** Jim Britt

Jeremy Carter, a fireman from Missouri, in New York for the day, decides to take a tour of the Trade Center, only to watch, in shock, the attack on its twin towers from a block away. The story takes Jeremy from the pits of the rubble into the lives of the people and into the depths of his own soul. He learns who he is and what it takes to overcome the fear, anger, grief and anxiety this kind of evil brings. Jeremy, the main character in this book represents a composite of conversations with many individuals. Any resemblance to yourself, and to people you know, is highly probable, as well as intentional. By identifying with him and his experience you will be provided ample opportunities to heal in many areas of your life. You will rejoice as he leads you on a journey of understanding of present events and of what lies ahead, as he rebuilds the dynamics of his life and yours.

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