



Foundations of Curative Eurythmy

Margarete Kirchner-Bockholt

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In 1921, Rudolf Steiner delivered a series of lectures on curative eurythmy. Over next years, when his advice was sought in cases of illness, he added to the initial therapeutic exercises and indications. For those who were unable to attend the original courses, Dr Kirchner-Bockholt published the basic principles and an authentic collection of Steiner's advice.

This is Dr. Kirchner-Bockholt's comprehensive handbook. It is both a guide for curative eurythmists in their therapeutic work as well as an introduction to this effective mode of therapy.

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