



Coaching Tennis

Chuck Kriese

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Chuck Kriese, men's head tennis coach at Clemson University and former U.S. Junior Davis Cup Team coach, is the all-time winningest coach in the Atlantic Coast Conference, and his career victories stand among the top in U.S. collegiate history. His coaching accomplishments include eleven ACC titles, eight national top ten finishes, and six ACC Coach of the Year awards. The Kriese coaching legacy has produced thirty All-Americans, sent twenty-three former players to the professional ranks, and spawned twelve current collegiate level coaches from among his former players and assistants. Coach Kriese is the author of three other books--*Total Tennis Training*, *Winning Tennis*, and *Youth Tennis*. He has lectured on the sport in the United States, England, Japan, Spain, and the Netherlands. *Coaching Tennis*, formerly published as *Total Tennis Training*, is a recipe for total player development that gives players and coaches the competitive edge when it comes to understanding the complex sport of tennis. The most comprehensive coaching guide available, it is complete with detailed descriptions of physical training techniques, useful approaches for mental and emotional development, and keys to establishing player strategy and team unity. Updated to discuss every conceivable aspect of the modern game from technical skills to momentum management, practice drills to goal setting, directional guidelines to coaching philosophies--discover Coach Kriese's unique motivational program, a formula proven in competition and proven by champions.

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