



**You Can Sleep In Your Car, But You Can't Drive
Your House To Work: How I overcame
depression, foreclosure, addiction and
homelessness by expressing gratitude.**

Sutton Parks

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The story of man who confronted home foreclosure, depression and addiction by living in his car for 9 months at a truck stop. After hearing an retired Orthodox minister talk about giving gratitude for the good and bad things in life he decided he would try it. That first night in his car he gave thanks for the roof over his head, even though it was a sun roof. From there he tells of experiences and frustrations while learning to be thankful for all that life has to offer, good and bad.

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A lot of people always spent all their free time to vacation as well as go to the outside with them household or their friend. Did you know? Many a lot of people spent that they free time just watching TV, or playing video games all day long. In order to try to find a new activity that is look different you can read a book. It is really fun for you personally. If you enjoy the book that you simply read you can spent all day every day to reading a reserve. The book You Can Sleep In Your Car, But You Can't Drive Your House To Work: How I overcame depression, foreclosure, addiction and homelessness by expressing gratitude. it is quite good to read. There are a lot of those who recommended this book. They were enjoying reading this book. In case you did not have enough space bringing this book you can buy the e-book. You can m0ore quickly to read this book through your smart phone. The price is not too expensive but this book has high quality.

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Shirley Kier:

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