



Bipolar Goggles

Joan Jessup

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Bipolar Goggles Joan Jessup

Bipolar Goggles is the stunning memoir of one woman's "coming out bipolar." Joan Jessup recalls her shape-shifter journey in movie-like scenes: losing her mind to abusive Husband No. 1, manic rap-loving mom of five to Husband No. 2, hell on wheels NASCAR queen with Husband No. 3, run-away bride to Husband No. 4, and moonstruck mother of a "sensory" child with Husband No. 5. What's her regret? Dragging her kids through her own living hell. Her advice? Take your meds and never lose your sense of humor! We should have a T-shirt that says "I'm Bipolar. So what?"

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