



Diabetes at Your Fingertips: The Comprehensive and Medically Accurate Manual Which Tells You All About Your Diabetes and How to Beat it

Peter H. Sonksen, Charles Fox, Sue Judd

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This practical handbook makes it easy for you to learn more about your diabetes -- and the more you know, the easier it is to manage. Diabetes at your fingertips gives you the knowledge and reassurance you need to live a fulfilled, healthy and happy life. Written by three medical experts, it gives answers to over 450 real questions from people with diabetes. It contains a 20-page colour section showing you how to use the latest glucose testing devices, and explains all the medical terms in straightforward English. This book tells you how to deal with your diabetes confidently, and answers the questions you may feel uneasy about asking your doctor. It also shows you what to do if an emergency occurs.

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