



# Offal Good: Cooking from the Heart, with Guts

*Chris Cosentino, Michael Harlan Turkell*

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Chris Cosentino, executive chef of Cockscomb in San Francisco, is known nationally for his "odds & ends" meat offerings. In *Offal Good*, Cosentino shares 140 recipes that show that offal cuts are arguably the best parts of the animal to cook and enjoy. *Offal Good* is a comprehensive guide to nose to tail cooking that shows the reader not only how to prepare these cuts but also how to let creativity fly, with recipes that bring out the incredible flavors and textural qualities of pork, beef, chicken, lamb, and duck offal.

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