



# The Poke Cookbook: The Freshest Way to Eat Fish

*Martha Cheng*

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## **The Poke Cookbook: The Freshest Way to Eat Fish** Martha Cheng

Poke, the traditional Hawaiian snack of raw fish seasoned with soy sauce and sesame oil, has hit the mainland. On the islands, it's the casual dish that brings everyone together—but now you can bring these flavors into your own kitchen with 45 recipes for traditional poke, modern riffs, bases, bowls, and other local-style accompaniments. From classic Shoyu Ahi to creative Uni, Lychee, and Coconut to vegetarian Mango and Jicama, poke is delicious, simple, and endlessly customizable.

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#### **Robert Burmeister:**

Spent a free time for you to be fun activity to accomplish! A lot of people spent their down time with their family, or their very own friends. Usually they carrying out activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Will you something different to fill your own personal free time/ holiday? Could possibly be reading a book could be option to fill your no cost time/ holiday. The first thing that you'll ask may be what kinds of book that you should read. If you want to try look for book, may be the book untitled The Poke Cookbook: The Freshest Way to Eat Fish can be fine book to read. May be it may be best activity to you.

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